

Tobacco Education For Senior Students™ Australian Studies Exemplar



Stage 1 Australian Studies
Assessment Exemplar
Assessment Component: Issues study
Learning Outcomes: 2, 3, 4 and 5
Issue: Smoking – Don't get sucked in.
Essential Learning Perspectives

Thinking: To critically evaluate the support available for those intending to stop smoking.
Communication: To raise awareness and provide a series of strategies to encourage positive action.
Futures: To influence others in their decisions in order to prevent them from taking up smoking.

Task

Individually design a QUIT booklet for teenagers. Research current QUIT brochures and adapt to suit teenagers' needs. Present as a brochure, booklet or poster. Include a hotline phone number (fictional) for those who require further support.

Method

- Investigate and identify government agencies and support groups available.
- Research and evaluate current materials available for quitting smoking.
- Prepare a sequence of strategies that would address the needs of a teenager.
- Aim to both raise awareness and encourage positive action for teenagers wishing to quit smoking.
Communicate the message clearly.

Assessment

Criteria for Judging performance	Comment	Marks
Identification and Explanation		/10
Evaluation		/10
Application		/10
Communication		/15
TOTAL		/45

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Thinking: To critically analyse the health implications of smoking.

Communication: To raise awareness and encourage people to quit smoking or not take it up at all.

Futures: To positively influence others (in the community), in their future decisions in order to prevent them from taking up smoking.

Task

As a group, design and undertake an activity suitable for National Youth Tobacco-free Day, to be held in the community. The aim is to raise awareness of the pitfalls of smoking. The activity needs to encourage people to quit smoking or not take it up at all.

Method

→ Research the health implications of smoking. Identify reasons why people should not smoke.

→ Brainstorm suitable activities. Be mindful of associated costs and appropriate venues/times for such activities.

Some examples:

→ Dress-up and interact with the crowd at a selected venue (market-place, sports ground), with a message.

→ Write and perform a short play for children or teenagers.

→ Design and create t-shirts with anti-tobacco messages and sell ...

→ Define what you plan to do, how, when, and who will be the target audience and where it will take place. Organise all relevant details. Assign specific roles to each member of the group.

→ Undertake the activity.

→ Follow-up: report back to class.

Criteria for Judging performance	Comment	Marks
Identification and Explanation		/10
Evaluation		/10
Application		/10
Communication		/20
TOTAL		/50

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Stage 1 Australian Studies
Illustrative Program
Issue Study: Smoking – Don't get sucked in.

This illustrative program represents an example of how to apply the Australian studies curriculum statement such as the Issue Study, Learning Outcomes and Assessment.

Context

This program is an example of a guided issue study with a focus on learning outcome 4, but can also include learning outcomes 2, 3 and 5.

This study on smoking and tobacco use in Australia will help identify the health issues surrounding smoking and its social implications in our society.

This is intended as a 6-8 week program.

Essential Learnings

Communication
Thinking
Futures

Inquiry Question(s)/Content	Key Questions and Ideas	Teaching/Learning Strategies
<p>Identifying the issue. Describing and analysing the context of the issue.</p>	<p>1. Facts about smoking in Australia</p> <p>What's in a cigarette? What does smoking do to your health?</p> <p>Who smokes in Australia? How is smoking advertised today? How has this changed over the past few decades and why</p>	<p>→ Brainstorming and class discussion on key questions</p> <p>→ Show a number of anti-tobacco Australian TV commercials. Discuss how they encourage people to quit smoking or prevent people from taking up smoking.</p> <p>→ Group research and investigation of :</p> <ul style="list-style-type: none"> o The impacts of smoking (active & passive) on your health o What's in a cigarette? o Why do people smoke? o Statistics on how many people in Australia smoke and how many quit annually. <p>→ In small groups, devise an anti-tobacco TV commercial that would prevent you from taking up smoking or would encourage you to quit.</p> <ul style="list-style-type: none"> o Include a catch phrase of your own (eg. "Every cigarette is doing you damage" or "smoking – don't get sucked in") o Present your commercial as a role play to the class <p>→ Review the health issues of smoking.</p>
<p>Investigating different perspectives.</p>	<p>2. Social implications</p> <p>Why do people smoke? How many people in Australia smoke? What is the impact of smoking on the Australian society? What is the range of perspectives on the issue?</p>	<p>→ Brainstorm and class discussion on key questions</p> <p>→ Visit www.peg.apc.org and look over some facts on tobacco use in Australia.</p> <p>→ Discuss how smoking affects: people who smoke, nonsmokers, reformed smokers, passive smokers, children who live with smokers.</p> <p>→ In pairs, design and conduct a community survey of 10-20 people. Discover their attitudes on:</p> <ul style="list-style-type: none"> o Why they do/do not smoke o How smoking impacts on Australian society o Passive smoking o Smoke-free areas/venues o Smoking restrictions in the workplace

Resources
www.peg.apc.org

Exploring the range of decisions, possible outcomes of action and communicating personal responses to the issue.

3. Case Study of indigenous and nonindigenous tobacco-users

Why are Aboriginal and Torres Strait Islander peoples at greater risk of suffering from tobacco related health conditions?

- Share your findings with the class. Map your statistics on the board. Class discussion based around findings of all groups.
- Assign an individual question from the Case Study to each small group in class. (Work in same pair as before with survey.)
- Compare these statistics with those revealed by your survey. Discuss and share with class.
- Review the health issues of smoking for at risk groups, namely Aboriginal and Torres Strait Islanders.

Communicating informed points of view.

4. Government role and responsibility

What is being done regarding prevention, addiction and quitting?

- Summative task No. 1

Resources
www.quit.org.au

- Brainstorm and class discussion on key questions
- Research the help/support that is available regarding:
 - o Prevention
 - o Addiction
 - o Quitting

5. Smoking among youth

Why do adolescents smoke?
How does smoking affect me?
How can I be more aware of the situation, which can enable me to help others?

- Summative task No. 2

Resources
www.kickbuttsday.org
www.tobaccofreekids.org

- Brainstorm and class discussion on key questions
- Visit Kick Butts Day and Tobacco Free Kids websites
- Discuss community activities that would be suitable for National Youth Tobacco-free Day

Assessment Component	Description of Assessment Task	Learning Outcomes	Assessment Criteria (from Curriculum Statement)
Issue Study	<p>1. Investigating support available for people who wish to quit smoking Survey, Oral, Report &/or multimedia</p> <p>→ Investigate government agencies and support groups available</p> <p>→ Individually design a QUIT booklet for teenagers. Research current QUIT brochures and adapt to suit teenagers' needs. Present as a brochure, booklet, or poster. Share with the class.</p> <p>2. Developing community awareness about smoking Multimedia</p> <p>→ As a group, design and undertake an activity suitable for National Youth Tobacco-free Day, to be held in the community, which aims to raise awareness of the pitfalls of smoking. The activity needs to encourage people to quit smoking or not take it up at all. Report back to class after the event</p>	2, 3, 4 & 5	<p>→ Identification and explanation</p> <p>→ Evaluation</p> <p>→ Communication</p> <p>→ Application</p> <p>→ Identification and explanation</p> <p>→ Evaluation</p> <p>→ Communication</p> <p>→ Application</p>

Websites

- www.quitsa.org.au
- www.healthinfonet.ecu.edu.au
- www.nationaldrugstrategy.gov.au
- www.OxyGen.org.au (Interactive anti-tobacco site for young people)
- www.drugstrategy.central.sa.edu.au (school drug education papers)
- www.peg.apc.org (facts and issues about tobacco use in Australia)
- www.asghaust.org.au/wsd.html (what happens to a smoker's body)
- www.drugaware.com.au (questions and answers for teachers and students)
- www.drugs.health.gov.au (TV commercials)
- www.quit.org.au (Victoria's quit site)
- www.cdc.gov/tobacco (Interactive on health consequences of smoking)

Materials "Youth Smoking Cessation Guide for Schools"

Newspaper articles

- Newstext
- www.newstext.com.au